

“All City” Fall Volleyball League Rules

All coaches will be issued a book of official rules pertaining to volleyball. Very few rules will be altered to accommodate the goals and objectives of the All City Athletic Conference - Volleyball League, but there will be at least two that will be changed.

The biggest rule that will be changed is the method in which points will be scored. In the All City Athletic Conference - Volleyball League the method for scoring will be based on the **“Rally Points”** theory. Rally scoring is where every serve results in a point.

- A. This means that, no matter who is serving, the team that wins the rally will score a point. The exception to this rule will be on the serve. The server will get **two tries** to get the volleyball over the net. If, on the second try, the server does not put the ball over the net into play, the other team will be awarded a point.
The “Rally Point” theory is meant to speed up the game time.

Games will be played until a team reaches 21 points

- B. The All City Athletic Conference - Volleyball League is meant to be a non-competitive league. This means that the emphasis will be on mastering the task rather than focussing on the outcome. Therefore, coaches will primarily focus on having fun as well as showing the kids how to perform simple tasks. Score will be kept, but every member of every team will participate.
- C. All other rules of volleyball will remain congruent with the official rules issued to each coach. Here are some of the general rules applicable to volleyball which are in the book of rules.
- Match: A match will consist of three games OR one hour of play, which ever ends first. If time allows, all three games will be played regardless of outcome of the first two games.
 - No more than three hits per side in any given rally.
 - The ball may touch the net and is considered live in rally play, but not on a serve.
 - The serve must land in within the dimensions of the court, clearing the net completely, to be considered a playable serve.
 - No player is allowed to make physical contact with the net at any time. If this happens, under the modified rules, the rally will be stopped and a point will be awarded to the opposing team.
 - **Games will be played until a team reaches 21 points.** Also, the winner will be declared if, and only if, they win by at least two points. If one side gets to fifteen before the other, but does not have at least a two point advantage, the match will continue until one side has a two point advantage over fifteen points.
 - Sixth grade level participants will be able to serve from WITHIN the playing area by 10 feet. The service line for 6th grade level play will be within the outside back boundary by 10’-0”. Players MAY step back if they want, but it is not mandatory to serve from the back boundary line.

